

EVENT PROGRAM

Please refer to the preliminary program below. The program is subject to change depending on the final amount of entries received, as well as safety and circumstances on the day of the event. Changes to the program will be communicated to team managers.

EVENT PROGRAM SAT 27 JUNE 2026 : TOP-20 AFS INTER-REGION CROSS COUNTRY RUNNING MEET				
Event #	Time	Event / Activity	Dist	Call Room
.	07h30	Walk the course. TIC open		
	08h00	Technical officials, Race officials briefing (In the call room area)		
1.	09h00	Beginner Boys 8 (B8)	1km	08h40
2.	09h05	Beginner Girls 8 (G8)	1km	08h45
3.	09h15	Boys 11 (B11)	3km	08h55
4.	09h17	Girls 11 (G11)	3km	08h57
5.	09h40	Boys 12 (B12)	3km	09h20
6.	09h42	Girls 12 (G12)	3km	09h22
7.	10h50	Girls 13 (G13)	3km	10h30
	11h15	Podium ceremony: B8, G8, B11, G11		
8.	11h15	2km Sprint: Youth-Boys (YB2) - 16 - 17 years, Junior Men (JM2) - U/20 years, Senior Men (SM2) - 20-34 years.	2km	10h55
9.	11h17	2km Sprint: Youth-Girls (YG2) - 16 - 17 years, Junior Women (JM2) - U/20 years, Senior Women (SM2) - 20-34 years.	2km	10h57
	11h25	Podium ceremony: B12, G12, G13		
10.	11h25	Boys 9 (B9)	2km	11h05
11.	11h27	Girls/9 (G10)	2km	11h07
12.	11h35	Boys 10 (B10)	2km	11h15
13.	11h37	Girls 10 (G10)	2km	11h17
14.	12h00	Boys 13 (B13)	4km	11h40
15.	12h02	Boys /14 (B14)	4km	11h42
	12h15	Podium ceremony: B9, G9, B10, G10		
16.	12h35	Boys 15 (B15)	4km	12h15
17.	12h37	Girls 15 (G15) + Girls 14 (G14)	4km	12h17
18.	13h05	Girls 16 (G16)	4km	12h45
19.	13h07	Girls 17 (G17)	4km	12h47
	13h35	Podium ceremony: B13, B14, G14, B15, G15, G16, G17		
20.	13h35	Senior Men (SM10), Senior Women (SM10)	10km	13h15
21.	13h37	Men U/23 (M23), Senior Men (SM4).	4km	13h17
22.	13h39	Women U/23 (W23), Senior Women (SM4)	4km	13h19
23.	14h40	Boys 16 (B16), Masters Men M60, M65	6km	14h20
24.	14h42	Boys 17 (B17)	6km	14h22
	15h20	Podium ceremony: M23, W23, SM4, SW4, SM10, SW10, M60, M65, B16, B17		
25.	15h20	Junior Men (JM)	8km	15h00
26.	15h22	Junior Women (JW)	6km	15h02
27.	15h24	Masters Men (M35, M40, M45, M50, M55)	8km	15h04
28.	15h24	Masters Women (W35, W40, W45, W50, W55, W60, W65), Masters Men 4km (M70, M75, M80, M85, M90, M95, M100+)	4km	15h04
	16h00	Podium ceremony: JM, JW, Masters W35, W40, W45, W50, W55, W60, W65, M/W 70+		
	16h15	Podium ceremony: Masters Men M35, M40, M45, M50, M55.		